21 Level One Power Strength List

Here's a table figuring most of the characters in the books and their power level. This list is based both on wotmania's and drothgery's OP Strength lists and on comments made by RJ. Taken separately, the table of females and males should be scaled properly. To scale the genders between them, OP Strength was not the only thing taken into account, as RJ said that there were a few levels of men Strength above the maximum female Strength, but that the strongest female could achieve the same thing than the strongest man due to the increased dexterity of her weaving. This is a table of OP efficiency rather than of raw OP Strength.

Female	Male	clvl	Main stat	Sec stat	# aff	Max wlvl	
						norm	over
Lanfear, Sharina	Rand, Ishamael	20	20	25+	5	9	10
Cyndane*	Aginor, Demandred	20	19	20+	5	9	9
Graendal, Semirhage, Alivia	Sammael, Rahvin, Be'lal, Balthamel Taim, Logain	19	19	20+	5	9	9
Mesaana, Nynaeve, Talaan	Asmodean	19	19	20+	4	9	9
Moghedien, Someryn	Flinn	18	19	18+	4	9	9
Tamela, Viendre	Narishma, Sandomere	17	19	18+	4	9	9
Egwene, Elayne, Aviencha, Metarra		16	19	18+	4	8	9
Cadsuane, Thevara, Bode		15	19	18+	3	8	9
Nicola, Karene, Meilyn, Thevara	Grady, Neald	15	18	17+	3	8	8
Moiraine, Siuan (old), Elaida, Romanda, Lelaine, Elle, Janacy, Garenia/Zarya, Rainyn, Amys	Gedwyn, Rochaid, Torval, Kisman	14	18	16+	3	7	8
STRONG ENOUGH TO USE THE CHOEDAN KAL (can cast level 8 weaves)							
Sheriam, Leane (old), Theodrin, Reanne, Kirstian, Naime, Rysael, Pevara, Saerin, Yukiri, Merise, Cetalia, Larelle, Merean		13	17	16+	3	7	7
Myrelle, Anaiya, Beonin, Carlinya, Morvrin, Bera, Kiruna, Faolain, Melaine, Joline, Teslyn, Kwamesa, Coiren, Galina, Caire, Tebreille, Talene, Desandre, Lemai, Nesune, Maigan	Morr, Hopwil, Manfor	12	17	15+	3	6	7
Delana, Faeldrin, Masuri, Rafela, Edarra, Leyn, Katerine, Sumeko, Renaile, Doesine, Seaine, Gabrelle, Toveine, Shalon, Liandrin		11	16	15+	3	6	6
Alanna, Merana, Verin, Seonid, Alviarin, Kurin, Senine, Dorile, Eldrith, Narenwhin, Tarna, Chanelle, Duhara, Falion, Ispan	Adley	10	16	14+	3	5	6
STRONG ENOUGH TO TRAVEL (can cast level 6 weaves)							
Demira, Aeldine, Merilille, Tialin, Asne, Chesmal, Elza, Covarla		9	15	14+	2	5	5
Adeleas, Vandene, Kairen, Valinde, Sareitha, Micarra, Turanna, Zerah, Temaile		8	15	14+	2	4	5
Siuan (new)*, Leane (new)*, Berenicia, Berowin, Careane, Kumira, Akarrin, Therva, Zemaille, Aiden, Cabriana		7	14	14+	2	4	4
Daigian, Monaelle, Shana, Reiko, Nisain		6	13	13+	2	3	3
CURRENT ROUGH MINIMUM TO BECOME AES SEDAI (can take the AS Prestige Class)							
Sarainya		4	12	12+	1	2	2
CURRENT ROUGH MINIMUM TO BECOME ACCEPTED							
Sorilea, Asra, Alise		2	11	12+	1	1	1
Morgase		1	10	10+	1	0	0

*it's only indicative, as they didn't loose affinities, levels, and/or channeling stats in the process.